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| RachelHess PA-C, MAS  | rachel.hess@cuanschutz.edu719-648-4143Louisville, CO 80027 |

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| Summary | Physician Assistant currently serving as Instructor of Clinical Medicine with the CU CHA/PA program, interested in dedicating 0.1 Clinical FTE as a clinician with Aurora Wellness Community Health Center. Will apply knowledge from 20+ years of experience providing care in bilingual Family Practice, Community Health, and Inpatient settings. Dedicated to patient advocacy and education, team communication, and student mentoring. |

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| Licenses and Certificates |

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| * NCCPA Board Certified, 2001-present
* Current Colorado State Physician Assistant License
* Current DEA License
 | * Current BLS / ACLS Provider Certifications
* Current NRP Certification
* Centering Pregnancy / Parenting Group Facilitator, 2015-present
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| Experience | Instructor of Clinical Medicine | 04/2023 to CurrentUniversity of Colorado, Anschutz Medical Campus - Aurora, CO* Core faculty member in a rigorous and nationally respected PA program.
* Course Director of Gastroenterology, Genitourinary and Renal Medicine and Endocrinology and Reproductive Medicine blocks.
* Co-director of Foundations of Medicine courses.
* Faculty member on campus-wide Interprofessional Education Course.
* Contributes expertise to program development as member of CHA/PA Assessment Committee, Case Creation Team, and Promotions Committee.
* Responsible for student-facing lecturing and small-group facilitation.
* Develops innovative teaching strategies to facilitate content retention.
* Performs monitoring and evaluation of program educational practices. Maps course content to meet program competencies and milestones.
* Evaluates and interviews prospective applicants in the admissions process.
* Develops and administers assessments to ensure students are meeting goals for didactic content and professionalism measures.
* Mentors advisees through the program experience, including readiness for clinical internships and post-graduate practice.
* Committed to ongoing CME and professional development.

Physician Assistant | 10/2014 to 03/2023Clinica Family Health - Boulder, CO* Bilingual (English / Spanish) Primary Care Provider in demanding FQHC. Experienced in Family Practice, Pediatrics, Psychiatry, OB/GYN care and in-office procedures.
* Committed to patient communication, education and advocacy.
* Fostered positive clinical and social outcomes with challenging client load including patients experiencing homelessness and new immigrant populations.
* Monitored adherence with medical plans using a variety of teaching methods and communication strategies to improve compliance.
* Proficient in in-office procedures including joint and bursa injections, trigger point injections, IUD and Implantable contraception insertion and removals, endometrial biopsies, I & Ds, mole / lesion excisions and biopsies, foreign body removal, nail resections, wound debridement, suturing, splinting and casting.
* Experienced in Antenatal care including recognition of pregnancy risks, complications, and red flags meriting referral to higher-level services.
* Provided comprehensive and accurate documentation of encounters in the Epic and NextGen EMR systems.
* Maintained a high level of productivity, leading clinic metrics for patients seen while providing high standard of care.
* Managed postpartum maternal care and neonatal inpatient care for Clinica clients in the Centura Hospital system. Responsible for assessment, care and disposition for mothers and infants in the postnatal period.
* Provider with the Clinica Home Visit Team: communicated complex medical concepts and plans to patients and caregivers. Coordinated care between PCP and community resources.
* Instrumental in creating curriculum and facilitating novel group visits for Pregnancy, Parenting, Diabetes care, and Pain Management.
* Experienced preceptor of Primary Care Medicine for PA, NP, MS3 and MS4 students.

Physician Assistant | 08/2006 to 08/2014AJ Christoff, DO - Colorado Springs, CO* Primary care provider in challenging Family Practice / Internal Medicine practice. Managed comprehensive care for clients experiencing acute and chronic conditions including mental health disorders.
* Thrived in small practice with 2 providers, practicing collaboratively and emphasizing teamwork and communication. Able to practice as sole clinical provider in the absence of direct presence of supervising physician.
* Special emphasis in Women's Health issues including cancer screening, STDs, management of pelvic pain, contraception, menopause and breast disease.
* Experienced in travel medicine, immunizations, in-office procedures, anti-coagulant management and disease prophylaxis.
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| Education and Training | Johns Hopkins University - Baltimore, MD Master of Applied Science - Humanitarian Health**05/2021*** Coursework included Management and Leadership, Health Needs and Service Provision, and Administration of Global Health Programs.
* Completed coursework in Statistics and Epidemiology.
* Collaborated on course projects with faculty and cohort-peers including staff from Johns Hopkins, USAID, MSF, FEMA and the UN.
* Designed model programs for service provision of Health Services, Mental Health Services, and Water/Sanitation in low-resource settings.

University of Colorado Health Sciences Center - Aurora, CO Physician Assistant**05/2001*** Mastered coursework in anatomy, physiology, pharmacology, psychosocial aspects of health care, epidemiology, clinical medicine.
* Program with special emphasis on family practice and pediatrics.
* Clinical rotations in family practice, pediatrics, OB/GYN, emergency medicine, general surgery and endocrinology.
* Spearheaded student-led program for independent study of Medical Spanish.

University of Colorado, Colorado Springs - Colorado Springs, CO Pre-Medicine, **1998*** 4.00 GPA
* President: Science Club
* Outstanding Student Awards in Biology, Chemistry and Organic Chemistry

Colorado College - Colorado Springs, CO Bachelor of Arts - European History And Religion**05/1992*** 3.65 GPA
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| References | References available upon request. |