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| Rachel  Hess PA-C, MAS | rachel.hess@cuanschutz.edu  719-648-4143  Louisville, CO 80027 |

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| Summary | Physician Assistant currently serving as Instructor of Clinical Medicine with the CU CHA/PA program, interested in dedicating 0.1 Clinical FTE as a clinician with Aurora Wellness Community Health Center. Will apply knowledge from 20+ years of experience providing care in bilingual Family Practice, Community Health, and Inpatient settings. Dedicated to patient advocacy and education, team communication, and student mentoring. |

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| Licenses and Certificates | |  |  | | --- | --- | | * NCCPA Board Certified, 2001-present * Current Colorado State Physician Assistant License * Current DEA License | * Current BLS / ACLS Provider Certifications * Current NRP Certification * Centering Pregnancy / Parenting Group Facilitator, 2015-present | |

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| Experience | Instructor of Clinical Medicine | 04/2023 to Current  University of Colorado, Anschutz Medical Campus - Aurora, CO   * Core faculty member in a rigorous and nationally respected PA program. * Course Director of Gastroenterology, Genitourinary and Renal Medicine and Endocrinology and Reproductive Medicine blocks. * Co-director of Foundations of Medicine courses. * Faculty member on campus-wide Interprofessional Education Course. * Contributes expertise to program development as member of CHA/PA Assessment Committee, Case Creation Team, and Promotions Committee. * Responsible for student-facing lecturing and small-group facilitation. * Develops innovative teaching strategies to facilitate content retention. * Performs monitoring and evaluation of program educational practices. Maps course content to meet program competencies and milestones. * Evaluates and interviews prospective applicants in the admissions process. * Develops and administers assessments to ensure students are meeting goals for didactic content and professionalism measures. * Mentors advisees through the program experience, including readiness for clinical internships and post-graduate practice. * Committed to ongoing CME and professional development.   Physician Assistant | 10/2014 to 03/2023  Clinica Family Health - Boulder, CO   * Bilingual (English / Spanish) Primary Care Provider in demanding FQHC. Experienced in Family Practice, Pediatrics, Psychiatry, OB/GYN care and in-office procedures. * Committed to patient communication, education and advocacy. * Fostered positive clinical and social outcomes with challenging client load including patients experiencing homelessness and new immigrant populations. * Monitored adherence with medical plans using a variety of teaching methods and communication strategies to improve compliance. * Proficient in in-office procedures including joint and bursa injections, trigger point injections, IUD and Implantable contraception insertion and removals, endometrial biopsies, I & Ds, mole / lesion excisions and biopsies, foreign body removal, nail resections, wound debridement, suturing, splinting and casting. * Experienced in Antenatal care including recognition of pregnancy risks, complications, and red flags meriting referral to higher-level services. * Provided comprehensive and accurate documentation of encounters in the Epic and NextGen EMR systems. * Maintained a high level of productivity, leading clinic metrics for patients seen while providing high standard of care. * Managed postpartum maternal care and neonatal inpatient care for Clinica clients in the Centura Hospital system. Responsible for assessment, care and disposition for mothers and infants in the postnatal period. * Provider with the Clinica Home Visit Team: communicated complex medical concepts and plans to patients and caregivers. Coordinated care between PCP and community resources. * Instrumental in creating curriculum and facilitating novel group visits for Pregnancy, Parenting, Diabetes care, and Pain Management. * Experienced preceptor of Primary Care Medicine for PA, NP, MS3 and MS4 students.   Physician Assistant | 08/2006 to 08/2014  AJ Christoff, DO - Colorado Springs, CO   * Primary care provider in challenging Family Practice / Internal Medicine practice. Managed comprehensive care for clients experiencing acute and chronic conditions including mental health disorders. * Thrived in small practice with 2 providers, practicing collaboratively and emphasizing teamwork and communication. Able to practice as sole clinical provider in the absence of direct presence of supervising physician. * Special emphasis in Women's Health issues including cancer screening, STDs, management of pelvic pain, contraception, menopause and breast disease. * Experienced in travel medicine, immunizations, in-office procedures, anti-coagulant management and disease prophylaxis. |

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| Education and Training | Johns Hopkins University - Baltimore, MD  Master of Applied Science - Humanitarian Health  **05/2021**   * Coursework included Management and Leadership, Health Needs and Service Provision, and Administration of Global Health Programs. * Completed coursework in Statistics and Epidemiology. * Collaborated on course projects with faculty and cohort-peers including staff from Johns Hopkins, USAID, MSF, FEMA and the UN. * Designed model programs for service provision of Health Services, Mental Health Services, and Water/Sanitation in low-resource settings.   University of Colorado Health Sciences Center - Aurora, CO  Physician Assistant  **05/2001**   * Mastered coursework in anatomy, physiology, pharmacology, psychosocial aspects of health care, epidemiology, clinical medicine. * Program with special emphasis on family practice and pediatrics. * Clinical rotations in family practice, pediatrics, OB/GYN, emergency medicine, general surgery and endocrinology. * Spearheaded student-led program for independent study of Medical Spanish.   University of Colorado, Colorado Springs - Colorado Springs, CO  Pre-Medicine, **1998**   * 4.00 GPA * President: Science Club * Outstanding Student Awards in Biology, Chemistry and Organic Chemistry   Colorado College - Colorado Springs, CO  Bachelor of Arts - European History And Religion  **05/1992**   * 3.65 GPA |

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| References | References available upon request. |